



**Inter District Representation  
Code of Conduct  
Part 1: Squad Selection**

## Table of Contents

	Page
1. <i>Duties and responsibilities</i> .....	3
1.1 Sportsmanship .....	3
1.2 Alcohol and drug consumption .....	3
1.3 Position of play .....	3
1.4 Attendance practice and preparation sessions.....	3
1.5 Performance maintenance .....	3
1.6 Squad training programme.....	4
1.7 Assessments.....	4
1.8 Fund raising .....	4
2. <i>Duties and responsibilities</i> .....	4
3. <i>EKB President</i> .....	4

## **1. Duties and responsibilities**

All Players should be mindful of the fact that representing the District is an exceptional honour and that their conduct and behaviour on and off the green must be such that much esteem will be brought to the Player, District and the Sport of Bowls. The District Executive, therefore, requires that players and officials selected or appointed to represent the District will do so in a responsible, competent and conscientious manner and in so doing the player undertakes the following:

### **1.1 Sportsmanship**

The Player will, at all times, display exemplary sportsmanship and a commitment to ensuring the best interests of the team are served at all times

### **1.2 Alcohol and drug consumption**

The Player will

- 1.2.1 Abstain from the use of non-prescription performance enhancing drugs as listed by the SA Institute for Drug-free Sport
- 1.2.2 Abstain from the consumption of alcohol before and during practice, workshops and training sessions
- 1.2.3 Observe the privilege of social drinking after a day's play in the interests of team spirit and good sportsmanship
- 1.2.4 Understand that abuse of the privilege per 1.2.3 and whose behaviour and adverse performance, as a result of alcohol abuse, will result in immediate replacement in the team and prevention from any further participation in the session
- 1.2.5 Understand that appropriate Disciplinary proceedings will be instituted at completion of the session
- 1.2.6 SASCOC lists alcohol to be a banned substance

### **1.3 Position of play**

The player agrees to play in any position as selected and will fully support all other squad members in their respective roles

### **1.4 Attendance practice and preparation sessions**

The player agrees to attend all pre-tournament practice and preparation sessions and plausible reasons for non-attendance communicated the Selection SC Convenor

### **1.5 Performance maintenance**

The player agrees to make every effort to reach and maintain optimum performance by regularly undertaking assessments and skills training together with adhering to the recommended fitness regimen

**1.6 Squad training programme**

The player agrees to abide by the Squad training programme as implemented by the Selectors and appointed coaches

**1.7 Assessments**

The player agrees to submit once monthly assessments and skills training exercises

**1.8 Fund raising**

The player agrees to assist the Izimbali Players Association fund raising efforts and undertakes to enter a team in such events, whether playing or not

**2. Duties and responsibilities**

I fully understand and accept that once this document is signed as below, any breach of the abovementioned conditions or withdrawal from the Squad may render me liable to a twelve month ban from further District representation

**Player:**

\_\_\_\_\_  
(Full names) **BSA**

**No:**

\_\_\_\_\_  
**Signature:**

\_\_\_\_\_  
**Date:**

**Selector as witness:**

\_\_\_\_\_  
(Full name) **Signature:**

\_\_\_\_\_  
**Date:**

**3. EKB President**

\_\_\_\_\_  
Signature

Date: \_\_\_\_\_